

Siemens Dissertation Scholarship of TU Vienna, Faculty of Informatics

# **Improving Agile Practices with Integrated Quality Assurance Methods**

## **Selected Results from a Family of Empirical Studies**

Dipl.-Ing. Dietmar Winkler

Institute of Software Technology and Interactive Systems,  
Vienna University of Technology

dietmar.winkler@tuwien.ac.at  
<http://qse.ifs.tuwien.ac.at/~winkler>

# Scholarship



## Background

- Supported research stays at international research institutions to improve research contacts and emphasis on the internationalization of the individual research work.
- Sponsored research stay up to 4 months to finish the PhD-work.

## Focus of my prior research work:

- Software processes (Agile Software Development, V-Modell XT), Agile Practices (e.g., Pair Programming) & Analytical Quality Assurance Methods (e.g., Inspection & Testing).
- Based on this work several papers were published at international conferences on software engineering and empirical software engineering.

## Selection of the research organization

- Fraunhofer Institute for Empirical Software Engineering, Kaiserslautern; IESE, head Prof. Dr. D. Rombach; <http://www.iese.fhg.de>.
- Leading international institute in applied software research and technology transfer (Number 1 institution in Europe and number 5 worldwide) [JSS ranking].
- Major competences of IESE are software engineering, quality assurance, and empirical software engineering.

Special thanks to

**SIEMENS**



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# Motivation & Background



Major goal in software and systems Engineering:

- Development of **high-quality software products** within **time**, **cost** and **quality** constraints to achieve a high level of customer satisfaction.

Challenges and initial situation:

- **Increasing complexity** of software and systems products.
- **Frequent changing customer requirements**.
- Need for **fast delivery** of high-quality (and extended) software products.
- **Software Product and Process Improvement (SPPI)**.
- etc.

Question:

- How can we handle these challenges?



# Solution Approaches



These challenges require **professional approaches** for project **planning** and **execution**:

- **Software processes** help to plan and execute projects systematically.
  - Traditional Software Processes (e.g., V-Modell XT, RUP and Waterfall).
  - Agile Software processes (e.g., SCRUM and eXtreme Programming).
- **Constructive methods** like agile practices (e.g., Pair Programming) support engineers in constructing software products in an effective and efficient way.
- **Analytical methods** (e.g., Software inspection) aim at improving software products and enable an assessment of those products.

Nevertheless:

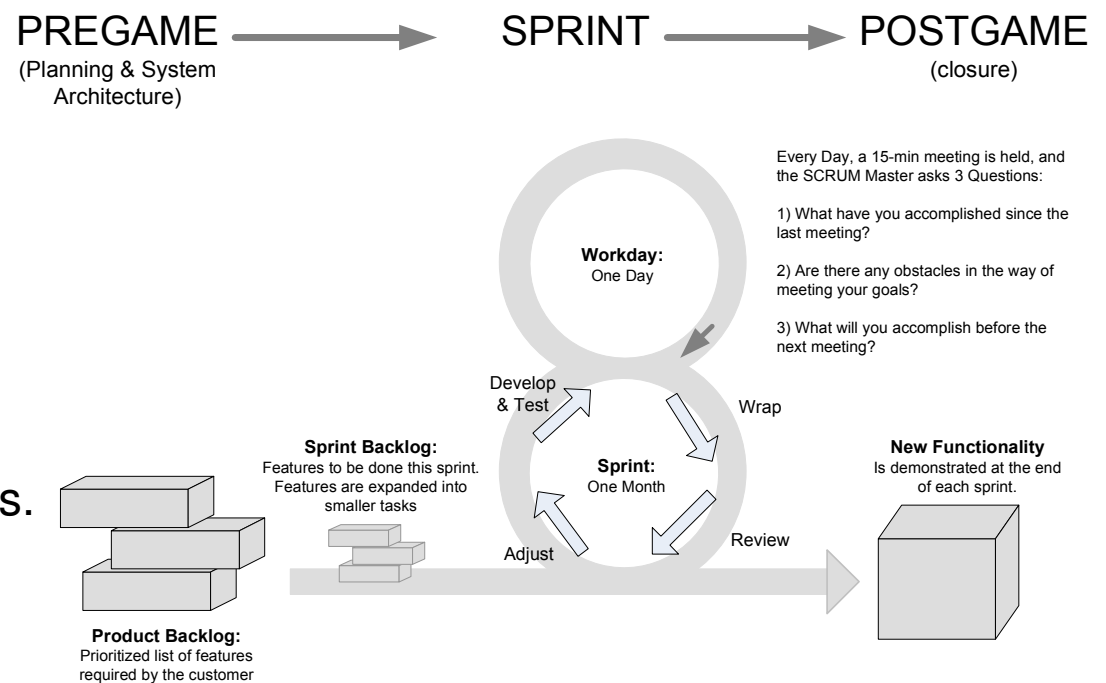
- Constructive and analytical methods provide **selective support** over the project life-cycle, i.e., construction of individual software products and verification and validation of individual products.
- **Bundling constructive and analytical methods** can bundle benefits from both disciplines and can lead to **synergy effects**.  
e.g., Software requirements inspection leads to defect detection lists (derived from inspection approaches) and can be reused for test-case generation on requirements level (e.g., for acceptance testing purposes).

# Agile Software Processes: SCRUM

- Agile approaches respond to frequent changing requirements due to a **high degree of customer interaction** and enable a fast delivery of high-quality software products (builds).
- SCRUM** (Schwaber et al., 2007) is an agile software engineering process from project management point of view.

## Benefits and contribution:

- Applicability to **new software projects** and **maintenance** projects  
→ Snapshot of the development process.
- Short iterations** (monthly Sprints)  
→ Fast delivery of releases.
- Product backlog** vs. **sprint backlog**  
→ response to changing requirements.
- Efficient **self-organizing teams**.
- Established software process** in the open source community.



# Agile Practices: Pair Programming

- Pair Programming (PP) is an **agile practice** in eXtreme Programming and Scrum.
- PP involves **two roles** sharing a **common working environment**:
  - **Driver**: implementation role.
  - **Observer**: supporting role.
  - Roles may **change frequently**.

## Benefits and contribution:

- Increased **productivity** and **product quality**.
- **Learning** in Pairs (e.g., supervisor, introduction of new team members).
- **Applicability** for other software engineering activities e.g., Pair Reviews, Pair Testing, etc.



## Basic references:

- Williams et al., 2000, 2002.
- Cockburn et al, 2001.

# Challenges with Pair Programming



- In traditional Pair Programming the observer role performs **implicit quality assurance tasks** (e.g., continuous reviews).
- This implicit quality assurance is
  - **not well defined**,
  - **not traceable** and
  - **not repeatable**.
- **Limitations** of Pair Programming application: traditional pair programming is not suitable for environments that need well-defined, traceable and repeatable quality assurance (e.g., security-related application domains).

There is a need for

- **Systematic quality assurance activities within a pair programming team.**
- **Software Inspection** is a promising approach for pair programming extension.

Question:

- Which Software Inspection variant is most suitable for this integration purpose?
- How can we introduce a systematic software inspection approach?
- How can we show the benefits?



# Software Inspection Variants

- Software Inspection aims at improving software products in **early phases** of development.
- **Early detection and removal of defects**, e.g., in the design phase, helps increase software quality and decrease rework effort and cost.

## Software Inspection

- is a **static analysis technique** to verify quality properties of software.
- does not require executable code (applicable to **design documents**).
- focuses on **defect types and location** in the inspected object.
- **Active guidance** of inspectors with reading techniques and guidelines (how to traverse a software document).
- Promises to **support learning** (structured process which is repeatable and traceable)
- Team meetings vs. Nominal teams.



Winkler, 2008: Improvement of Defect Detection with Software Inspection Variants: A Large-Scale Empirical Study on Reading Techniques and Experience, VDM Verlag, 2008.

References: Fagan 1976, Gilb 2000, Biffel 2001, Winkler, 2008.

# Reading Techniques

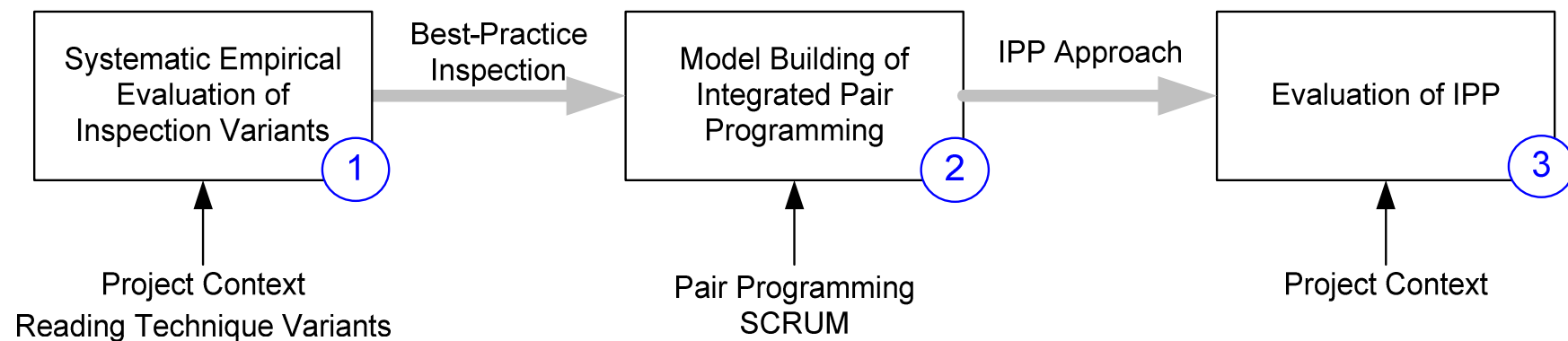


- Reading Techniques aim at supporting inspectors during the inspection process by [providing guidelines for systematic reading](#).
  
- Various selected reading technique variants
  - [Ad-hoc](#): no guidance
  - [Checklist based reading](#): sequential reading according to domain/project specific checklist-items.
  - [Scenario Based reading](#): scenarios describe workflows from different perspectives, e.g., designer, tester, and user, by providing a sequence of steps to address individual business cases.
  - [Usage based reading](#): use cases define individual business cases on requirements level (based on UML). Use cases can be the basis for a model-driven approach.
  
- Guidance might help observers in systematically support the driver in developing new pieces of software (enabling traceability and repeatability).
  
- Which inspection / reading technique variant might be most valuable in a given context?



# Research Approach

- **Step 0: Systematic Literature Review** on Pair Programming and Software Inspection.
- **Step 1: Identifying Best-Practice Software Inspection** in a given context by conducting a family of experiments.
- **Step 2: Construction of an “Integrated Pair Programming Approach” (IPP).**
- **Step 3: Evaluation of IPP** in a given context to show its impact on quality assurance metrics, e.g., defect detection capability.



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# Family of Inspection Experiments



- General Goal: Identification of a **Best-Practice Inspection Variant** in a given context.
- Quality Attribute / Metric: Defect detection capability (effectiveness and efficiency) of different reading technique approaches.
- **3 Large-Scale Empirical Studies** (Controlled Experiments) in Academic Environment
- > 160 student participants each; inspection duration appx. 3 hours.
- **Provided Material:**
  - Requirements Specification,
  - USE case models,
  - Individual guidelines for defect detection tasks.
  - Supporting material (e.g., questionnaires) & online data capturing tools.
- **Two different applications** in the area of administrative software systems:  
(a) Ticket selling system and (b) Taxi management system.
- **Variation points:**
  - Defect types and defect severity classes.
  - Document locations (business case descriptions, architecture and design, code).

# Selected Results: CBR vs. SBR variants



- Focus: Checklist-based reading technique (CBR) vs. Scenario-Based reading techniques from different perspectives (SBR-Designer, SBR-Tester, SBR-User)
  
- Main results:
  - Scenarios and perspectives support defect detection in related document parts (e.g., SBR-U identifies most defects in the Business Case Description and SBR-D was most effective in the architecture and design part).
  - Lower qualified inspectors are more effective and efficient using the scenarios and perspectives.
  - Different reading techniques: CBR is useful for less important defects; perspectives and scenarios spot on more important and critical defects.
  - SBR inspectors are more efficient (need on average less time for inspection) because of the active guidance of the reading technique approach.
  
- Next Step: Improving SBR with focus on Use Cases => UBR.
  
- Publication: D. Winkler: „Improvement of Defect Detection with Software Inspection Variants: A Large-Scale Empirical Study on Reading Techniques and Experience”, VDM Verlag, ISBN: 3836470136 , 2008.

# Selected Results: CBR variants vs. UBR



- Focus: **Active guidance** of inspector regarding defect detection performance.
- **Checklist-based RT variants (CBR)** vs. **Usage-Based** reading techniques.
  - CBR-Variants:
    - **Generic checklist (CBR-gc)**: pre-defined set of checklist items.
    - **Tailored checklist (CBR-tc)**: tailoring of requirements according to individual and subjective importance (from reviewers point of view).
  - UBR: **Expert prioritization of Use-Cases**.
- Main: Results
  - UBR performance is best for **critical and important defects** (significant differences)
  - **Effectiveness & Efficiency**: UBR > CBR-tc > CBR-gc.
  - **Active guidance support inspection proceeding** (UBR and CBR-tc).
  - **UBR expert know-how has significant effects on defect detection rates**.
- Next Step: Investigating UBR variants (reduction of preparation effort).
- Publication: D. Winkler, S. Biffel, B. Thurnher: „Investigating the Impact of Active Guidance on Design Inspection”, 6th International Conference on Product Focused Software Process Improvement (PROFES), Oulu, Finland, June 2005.

# Results: UBR variants vs. CBR



- Focus: Impact of expert ranked Use Cases on defect detection performance.
- Checklist-based RT variants (CBR) vs. Usage-Based reading techniques.
  - UBR-Variants:
    - Usage based reading (UBR): expert prioritized use cases.
    - UBR with individual use case prioritization (UBR-ir).
  - CBR: stepwise application of a context-specific checklist.
- Main: Results
  - UBR performance (with expert ranking) is best for all defect severity classes.
  - The performance advantage of UBR is greatest critical defects.
  - Effectiveness:  $UBR > UBR-ir > CBR$ .
  - Efficiency:  $UBR = UBR-ir > CBR$ .
  - UBR expert know-how has significant effects on defect detection rates.
- UBR with expert ranking turned out to be the most effective and efficient approach for defect detection => Candidate for integration in Pair Programming.
- Publication: D. Winkler, M. Halling, S. Biffel: „Investigating the Effect of Expert Ranking of Use Cases for Design Inspection“, Proceeding 30th IEEE Euromicro Conference, Rennes, France, September 2004.



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# Bundling Benefits ...



## Best-Practice Software Inspection

- Applicable in **all phases** of the Software Life-Cycle.
- **Systematic quality assurance activity.**
- **UBR is a well-investigated** reading technique approach.
- Focus on **critical defects** first.
- **Active guidance** through guidelines and prioritized use-cases.
- **Application of use cases and scenarios** from requirements documents in a pre-defined order (prioritized by a group of experts) to design documents.

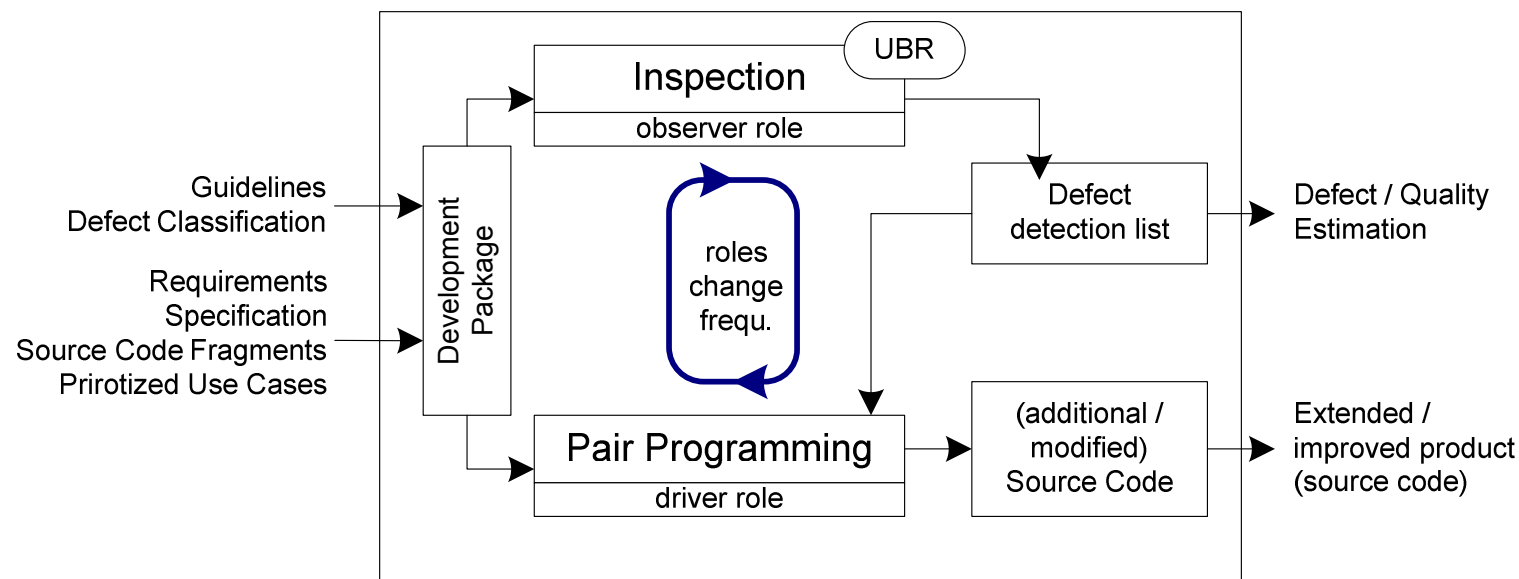
## Pair Programming

- **Flexible and agile constructive practice.**
- Embedded within an **agile software development process.**
- Applicable for **development and maintenance projects.**
- **Pair Learning.**
- **Team activity** (driver & observer)
- Including **implicit quality assurance activities** (**need for traceability and repeatability**).
- **Test-Driven Development** approach.
- Defect detection in early products as **by-product** of code construction.

# Integrated Pair Programming (IPP)

## Expected Benefits:

- Flexible (agile) software construction including **systematic product quality improvement**.
- **Defect detection** (Best-Practice Inspection) based on requirements and code.
- Enhanced **learning** effects.
- **Systematic and traceable quality assurance activities**.
- Enhanced tasks and responsibility for the **observer role**.
- Application of **prioritized use cases** according to **business value contribution**.



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# Design of the Controlled Experiment



- An experiment to investigate **defect detection capability** of best-practice inspection and an integrated pair programming approach.
- **Experiment process** in 5 basic steps:
  - (a) Participant selection, (b) experience collection, (c) experiment preparation for participants, (d) study execution in two sessions including feedback after every session, and (e) data submission.
- **Study material**:
  - Textual requirements, prioritized use cases, source code fragments (partially implemented), guidelines, experience and feedback questionnaires.
- **Expert seeded defects**:
  - 60 reference defect spread over different document locations (different defect severity classes and types).
  - 29 critical, 24 important, 7 less important defects seeded in the design specification and source code.
- **41 subjects (experiment participants)**: graduate students in a class on quality assurance and software engineering (15 UBR, 26 pair programmers, i.e., 13 pairs).

# Systems Overview: Taxi Management System

## ■ System Overview

- Maintenance / evolution process for a commercial application.
- Taxi management system in two session (Central, Taxi).



## ■ Software Artifacts

- Textual requirements: 8 pages, 2 component diagrams.
- Design document: 8 pages, 2 component diagrams and 2 UML charts.
- Use case document: 24 use cases and 23 sequence diagrams.
- Source code: some 1,400 LoC, 9-page description.
- Guidelines and questionnaires.

# Research Questions

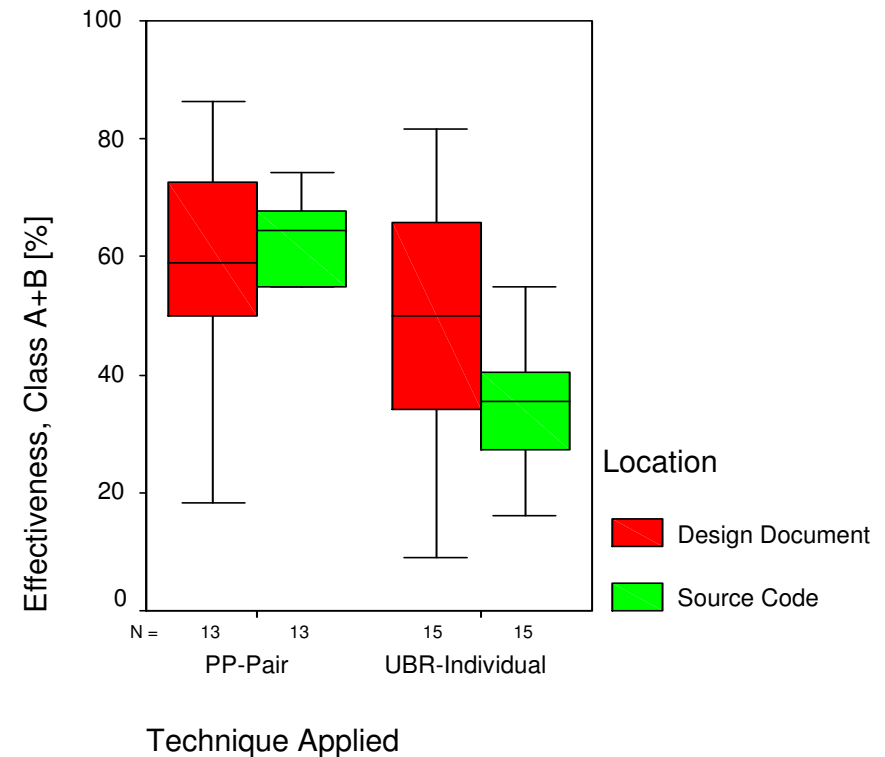


- **General idea:** Integrating inspection in PP leads to more structured defect detection approaches, improves overall defect detection capability, and software product quality.
1. Hypotheses for natural work units (individual inspectors vs. pairs)
    - **H1.1:** Effectiveness (PP) > Effectiveness (UBR): source code documents
    - **H1.2:** Effectiveness (PP) < Effectiveness (UBR): natural-language text documents.
    - Note: higher overall effort applying PP, because of different “team size” (2 persons) and focus on code construction (defect detection as a by-product).
  2. Similar hypothesis for “minimal teams” (2-person inspection teams vs. pairs).
  3. **Performance** of nominal teams:  
Do mixed teams perform better than “best-practice” teams?



# Results: Effectiveness of Working Units

- Effectiveness is the number of defects found defects in relation to the number of seeded defects.
- Focus on **important defects** (risk A+B) and **document location** (design document, source code).
- **Effectiveness (PP) > Effectiveness (UBR)** for all defect severity classes and document locations.
- **Significant differences** for
  - Source Code and
  - Design Document & Source Code.
- **No significant differences** for
  - Design Document.



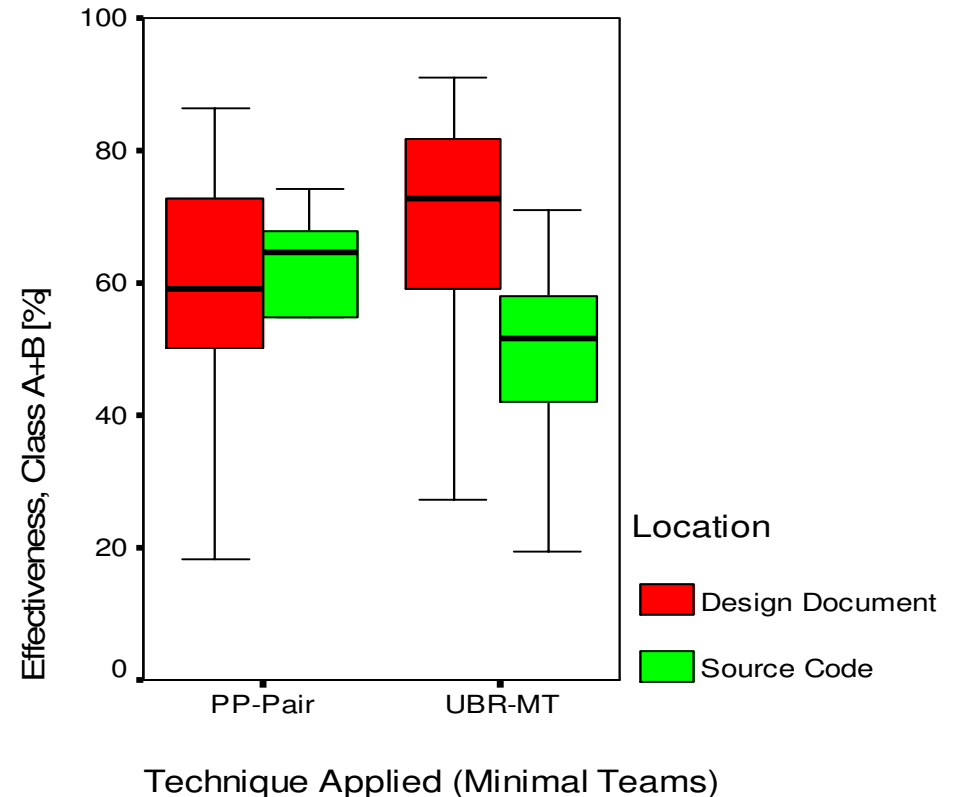
- ➔ The integrated PP approach outperforms inspection according to source code defects.
- ➔ Smaller differences for design documents but still advantages for PP.



# Results: Effectiveness of “Minimal Teams”



- Comparability in **team size** → minimal teams.
  - Pair: 2 persons (original work unit).
  - UBR-MT: nominal 2-person team of individual inspectors (randomly assigned)
- Focus on important defects (risk A+B) and document location (design document, design source code).
- Significant **differences** for
  - Source Code.
- No significant differences for
  - Design Document and
  - Design Document & Source Code.



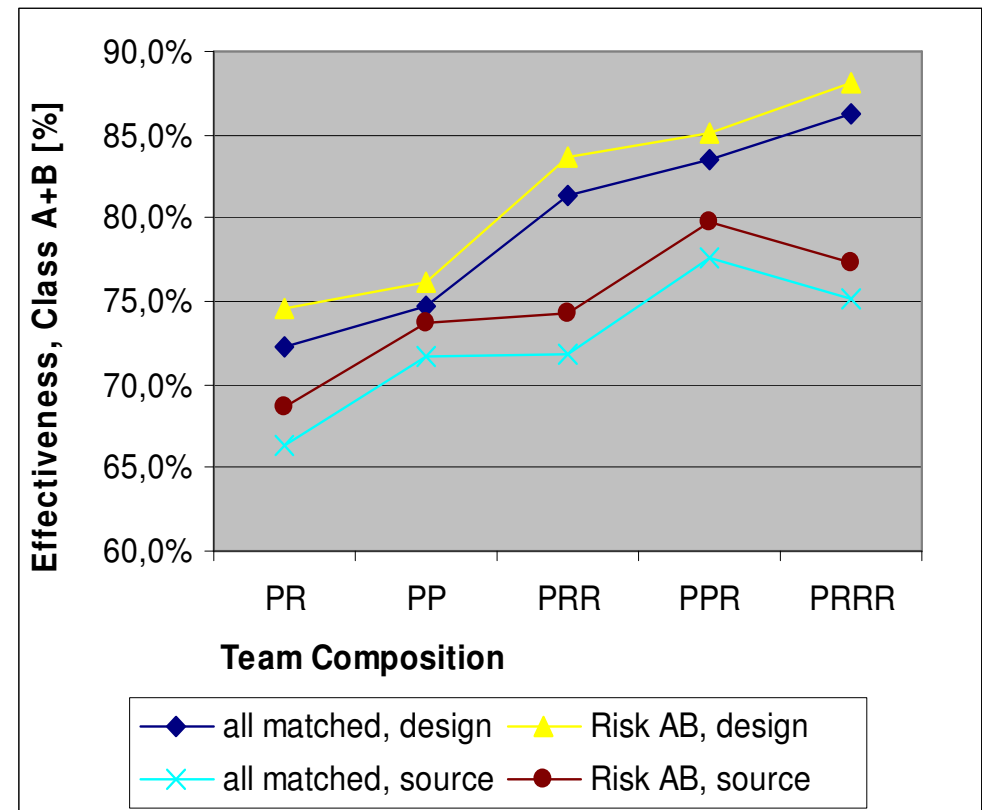
- ➡ PP outperforms effectiveness acc. to source code defects.
- ➡ Advantages for UBR-MT according to design document defects.

# Results: Team Composition

- Inspection and Pair Programming focuses on **different defect types** and **defect locations**.
- Thus, we expect an improved performance of mixed teams due to synergy effects.
- A “nominal team” is a collaboration of two or more members without interaction.
- Team building: continuous increase of effectiveness for up to 4 team members.
- Increasing effectiveness for **design documents** (smaller gain including additional pairs).
- Increasing effectiveness for **source code** including additional pairs and an almost constant value on inspector integration up to 4 team members.
- PRRR: **decreasing effectiveness** acc. to source code defects (additional inspectors seems to hinder source code quality)

Legend:

P ... Pair Programming Team (2 persons); R .. Individual Reviewer;  
e.g., PRR: 1 Pair Programming Team and 2 Reviewers



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# Summary



- Software Inspection is an analytical quality assurance technique for **early defect detection** tasks in development projects. Reading techniques **support inspectors** by providing **guidance** for inspection activities.
- **Agile processes** (e.g. Scrum) aim at providing **flexibility** to **frequent changing requirements** and fast delivery of software products.  
Agile practices (e.g., Pair Programming) is a team activity involving two roles: a driver and observer. The observer performs implicit quality assurance tasks.
- Nevertheless, observer activities are not traceable, not auditable and not repeatable => need for **systematic support** of **pair programming teams**.
- **UBR inspection** turned out to be the most effective and efficient systematic quality assurance activities in the area of software inspection.
- **Integrated pair programming** is a valuable approach for **improvement software quality** (increased productivity and product quality by means of defect detection capability)

# Practical Relevance & Future Work



## Practical Relevance

- Results of **series of experiments** can provide a decision support for **method selection** and **application** in industry context.
- Benefits from integrating methods and processes from **different disciplines**.
- An idea for a for a **systematic improvement and evaluation of various methods**, e.g., software inspection variants.

## Future work

- A more detailed investigation of the IPP approach with focus on **various aspect of quality assurance** (e.g., productivity, quality of new software code, team performances and individual qualification).
- Elaboration on the **generalization of pair activities** (e.g., pair reviews, pair testing, pair design and architecture evaluation).
- Investigation of the applicability of the method in **various domains** and **industry context** to enhance the validity of the results.
- **Systematic quality assurance strategy evaluation** is an follow-up project with Fraunhofer IESE .

Thank you ...



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**Dipl.-Ing. Dietmar Winkler**  
Vienna University of Technology,  
Institute of Software Technology and Interactive Systems  
Favoritenstr. 11/188, A-1040 Vienna, Austria

<http://qse.ifs.tuwien.ac.at/~winkler>  
[dietmar.winkler@qse.ifs.tuwien.ac.at](mailto:dietmar.winkler@qse.ifs.tuwien.ac.at)



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